

What Kinds of Questions Work Best in the Akashic Records?

One of the most important keys to conducting an accurate and powerful reading is knowing what kinds of questions to ask. Some questions will yield lots of information from the Records, while others will yield little or no information—or they won't yield the *kind* of information you're seeking. So as you begin to formulate your questions, here are three guidelines to follow.

1. Avoid questions that start with *when*.

Time does not matter in the Records because the Records are eternal. They exist everywhere, all at once, and always in the here and now. Therefore your Akashic Masters, Teachers, and Loved Ones are neither bound by nor to the parameters of earthly space and time. So asking them a predictive question about *when* something will happen will not give you the answer you want—and you may even end up feeling frustrated, as in the following question posed by the fictional “Mary Margaret.”

Mary Margaret: Masters, Teachers, and Loved Ones, when will I find the love of my life?

Of course, the answer Mary Margaret wants and expects is something measurable and definitive, such as, “You will find the love of your life within the next three months.”

However, since the Masters, Teachers, and Loved Ones don't deal in earthly time, they won't give her a measurable, definitive answer. Instead, they might respond like this:

MTLOs: Mary Margaret, you will find the love of your life after you forgive your ex-husband and release him once and for all. On paper you've been divorced for three years now, and your ex-husband has moved on and found someone else. However, in your mind and in your heart, you haven't moved on. You're still holding on to that relationship through your anger and resentment, and that is keeping you stuck. Please forgive everyone concerned and move forward. The sooner you can do that, the sooner you'll be free, and the sooner you'll be able to find a new love and a relationship that nurtures and fulfills you.

But Mary Margaret is not happy with that answer at all!

Mary Margaret: What? No!!! That's not the answer I asked for! That's not what I want to hear! I didn't ask about me. I asked about the love of my life and when I'm going to find him....

You get the idea: time-related, predictive question work well in the Akashic Records—especially when the issue in question could take more than one lifetime to resolve!

2. **Avoid questions with yes-or-no responses.**

Questions requiring yes-or-no don't work well in the Records either because the outcome ultimately up to you; it's determined by your choices and life circumstances. Here is another example, this time with the fictional "Thomas."

Thomas: *I was offered a new job this week. Should I take it?*

Thomas now expects a simple one-word answer: *yes or no*. However, the Masters, Teachers, and Loved Ones have a different answer in mind. It is based on their knowing that in order for Thomas to be truly satisfied, the decision must be *his*, not *theirs*. Thomas must look inside to determine who he is, as well as what kind of work he likes and does best. Then he must consider the advantages and disadvantages inherent in both his current job and the new prospect. Next he must decide which job best suits his goals and needs. After carefully considering all those factors, Thomas will finally have his answer—and at that point, he won't need any outside help in knowing what to do. So instead of hearing *yes or no* from his Masters, Teachers, and Loved Ones, Thomas might hear something like this:

MTLOs: Well...why are you considering this job in the first place, and what might happen if you take it? Let's explore the possibilities of the new job for a while and then weigh them against the realities of your current job. First, regarding the job you've been offered: What would be some of the advantages of taking it? What would be some of the drawbacks? How do the job requirements match your current abilities and interests? Are they in line with your current needs? Will they support your future goals? Now let's look at your current job....

That's a lot more words than *yes or no*. Again, though, you get the idea: yes-or-no questions don't work well in the Records. They diminish people's power by putting the decision-making process—and ultimately, the outcome—in someone else's hands. But the Akashic Records *give* people power by helping them examine a situation, see what's true, and then decide for themselves what feels right. In other words, there are no *shoulds* in the Records. Your Masters, Teachers, and Loved Ones will broaden your perspective and will help you weigh your options, but they will not make your decisions for you or tell you what you should do. As always, they leave responsibility where it belongs—with you.

Our challenge as human beings on this planet is to live in the present moment as much as we possibly can. When we're focused on some point in the future or are letting someone else tell us how things should go, we're neither present in a particular moment nor responsible for ourselves. But when we seek the perspective of the Masters, Teachers, and Ones, they help us empower ourselves to be who we need to be in any given moment. Providing truth, information and support is the role of the Akashic Records. So if you really need a time-related answer, there are oracles such as clairvoyants, card readers, and astrologers who can help. And if you need a yes-or-no answer, a pendulum works especially well.

3. Stick with questions that answer *what, why, or how*.

The questions that work best in the Records usually begin with *what, why, or how*. For example, instead of asking, "When will my soul mate appear?" or "Should I stay with my partner?" try one or more of the following questions:

- Why are my partner and I together?
- What are we meant to learn?
- What are the advantages and/or disadvantages of our being together at this time?
- Our relationship is strained/broken/irreparable. What happened to make it so?
- What am I not seeing, and why am I not seeing it?
- How can I change my perspective and see what I need to see?
- What can I do right now to find peace, forgiveness, and healing?